

Operating Principles

Freedom

To live your life the way you want.

Responsibility

To follow State and Federal laws.

To control a set amount of money to purchase support services based on your person-centered plan.

To use public dollars wisely.

Authority

To control the way you receive your services.

Support

To get the help you need.



For More Information
Contact:

Customer Services
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Toll-Free: (866) 630-3690

TDD/TTY: (517) 789-2492

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What is Self-Determination?



**It's about choice
and control.**

What is Self - Determination?

Under a Self-Determination arrangement, you can hire your own workers and manage your services within a set budget.

- ◆ You have choice and control over services.
- ◆ Your Case Manager/Supports Coordinator supports you to self-direct the services you choose.
- ◆ You are the employer of record with a Fiscal Intermediary paying your worker(s) for services.
- ◆ You directly hire, fire and supervise your workers.
- ◆ You set your worker's schedule.
- ◆ You decide what to pay your workers (within LifeWays rate)

How Does Self-Determination Work?

- ⇒ You make choices about the goals you would like to work on when creating your Person-Centered Plan.
- ⇒ You determine who you want to help you reach your goals.
- ⇒ Your family and friends can help you with decisions to make sure that your health and safety needs are met.
- ⇒ After you have a plan for what you need, a budget is developed based on those services.
- ⇒ You manage your individual budget (with help from your Case Manager/Supports Coordinator and Fiscal Intermediary).



How do You Begin Self - Determination?

It starts with your Person-Centered Plan. At your next Person-Centered Plan meeting, tell your Case Manager or Supports Coordinator that you are interested in Self-Determination.

Important to Know

Medicaid rules still apply under self-determination. That means:

- ◆ Services must be medically necessary:
 - The kind, amount and length of service must be supported by your condition
 - Your condition would worsen without the services
- ◆ All other natural and community supports must be used before Medicaid will pay for a service.
- ◆ Services must be supported by documentation.