

**If you have questions  
about Treatment Planning  
or the role of  
Facilitator,  
Please  
Contact:**

**LifeWays  
Customer Services  
and  
Administrative Offices**

1200 N. West Ave  
Jackson, MI 49202

(517) 780-3332  
(866) 630-3690

Michigan Relay (800) 649-3777

**24 Hour Crisis Line**

(517) 789-1200  
(800) 284-8288  
TDD/TYY (517) 789-2492

**LIFEWAYS  
MISSION**

Empowering individuals on  
their journey toward wellness.

Revised 2/2011

**LifeWays**

**Person-Centered  
Planning  
*Your Way***



**Get Help from a  
Person-Centered  
Planning  
Facilitator**

## What is Person-Centered Planning?

Person-centered planning is a way for you to plan your life. It is different from the old planning methods that focus on “fixing” your weaknesses. Person-centered planning focuses on using your strengths to achieve your goals and dreams. Through this process, an individualized Treatment Plan is designed just for you.

### What is the role of a Facilitator?

You can choose to use an independent facilitator to help you through the treatment planning process.

LifeWays contracts with independent facilitators in our community to help serve you, many of which are also Peers that have received CMH services.

## Choosing Your Facilitator

The Facilitator’s job is to see that the treatment planning process goes well, is person-centered, and that your wishes are addressed in a respectful way.

If you are interested in using a facilitator, the first step is to call A.R.E., a consumer-run organization that will help you find the right facilitator for you.

### **A.R.E.**

#### **Jackson:**

**(517) 788-9147**

#### **Hillsdale:**

**(517) 439-9730**

With help from your Facilitator, you can finally have a plan that works for you. And you’ll be well on your way to achieving your dreams and goals. So what are you waiting for? Call today!

## How Does It Work?

- You choose the Facilitator
- The two of you meet and discuss what you’d like in your treatment plan.
- You and the key people in your life fill out the “get-to-know-you” paperwork.
- If a more formal planning meeting is needed, you and the facilitator set a meeting time that is good for you and who should attend.
- Your Facilitator develops and refines your Treatment Plan.

## How Much Does It Cost?

It’s free! Person-Centered Planning Facilitation is paid for by LifeWays.